



From the Principal

Dear St Mary's College

I hope that the Easter weekend was a time for rest, family and connection. After last year, it was good to be able to gather as church communities to celebrate the rituals of the Easter Triduum. As a church we enter the season of Easter which runs for 50 days until Pentecost. It is a season in which we contemplate the spirit of hope at the heart of our tradition.

Farewell

Twenty-seven years ago, Kevin Hannam responded to a request from the College for parents to help with painting work in a term break. He came to work here for two weeks and stayed, eventually becoming a permanent College Maintenance Team member. At the end of this term Kevin ventures into the world of retirement.

The highlight of Kevin's time at the College has been his small daily interactions with students – usually just a friendly greeting as he goes about his work. This is the thing that he will miss the most. Over the years, he has appreciated the involvement with swimming carnivals and all of the things in the Music and Drama Departments. As part of his farewell from staff, the Drama team presented Kevin with a seat plaque for the theatre. We hope that he will continue to come and enjoy the College productions.

Kevin is looking forward to more time for rest and spending time with his wife. He hopes to travel around Australia and for at least two more overseas adventures. He would love to get back to the UK to see his daughter and grandchildren.

Kevin will not miss keeping the Veritas Lawns clear of autumn leaves!

He is thankful for his time at St Mary's, for the way the community, especially the students, have accepted and appreciated his presence.

On behalf of the College, I wish to thank Kevin for his faithful service to our community.

In the final newsletter for this term, I have mapped out four things that require your support or feedback.

Mobile Phones

At the beginning of 2020, we introduced a new mobile phone policy for students. The revised policy followed extensive research about the impact of phones on social-emotional development and engagement with learning. Our new approach attracted a very positive response from parents. It is heartening to be in the yard and see students interacting with one another rather than on their phones.

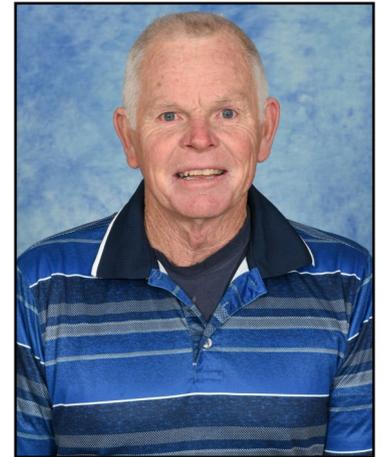
As with many of the rules and boundaries in place for students, a small number need ongoing support and reminders. The policy states that phones must be in lockers at the start of the day, silent with notifications switched off. Phones are permitted in class if the teacher has requested them for learning purposes.

In a recent incident in the yard, the altercation was photographed and shared on social media. This is problematic from multiple perspectives:

- The phone(s) should not have been in the yard.
- Images of students were shared without their permission.
- Some students at the school do not have consent for sharing on the internet, often for important protection reasons, making the above violation even more severe.
- Such sharing damages the reputation of the person(s) sharing and the reputation of the school.

Further to all of the above, photographing or filming incidents where people are in a heightened emotional state is not safe behaviour. It is a phenomenon we see amongst young people. Instagram and Tik Tok fuel it as people become "famous" from the likes they attract. Students put themselves at risk of harm when they participate in this kind of bystander behaviour, and they are passively participating in the damage being done to another person. Ultimately it is not kind, and it is not reflective of the community we want to be here at St Mary's.

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From the Principal (continued)

From the beginning of next term, we will work with classes to reinforce the importance of following our mobile phone policy. We will also implement support systems for students who struggle to leave their phone in their locker at the start of the day.

When it comes to phones, supporting young people to have a healthy relationship with technology is work that we share in the home and school partnership. Have a conversation with your child(ren) about committing to the school policy, don't contact them via their phone on a school day and talk often about healthy social media use.

School surveys

Two surveys have been sent home in recent weeks. The first, for the College Strategic Plan, will take 5-7 minutes and we would like the voice of all students, parents and caregivers to be part of this process. The link is included here: <https://www.surveymonkey.com/r/StMarysCollege2021>

As part of our Enhancing Catholic School Identity project, the second is more of a significant time commitment, taking up to 50 minutes to complete. The survey responses will provide a rich picture of how we see ourselves as a Catholic School community alongside our ideal image. While staff and students have completed this survey, giving us a significant pool of data, getting responses from a solid cohort of parents will add to the fullest possible picture of how our families experience our school.

Finding 50 minutes amid busy family lives is a big ask; we do wish they'd designed a shorter survey!

Please know that we appreciate any responses that we get.

Enrolments

We are currently finalising enrolments for 2022 and 2023. If you have younger children starting at St Mary's, please make sure you have submitted their application for enrolment. There are also a small number of places available for a mid-year Reception intake. Positive word of mouth endorsements for the College remains our most significant marketing source, so please spread the word!

School Magazine

Over the last five years, the cost of producing the school magazine has risen significantly, and the orders from families have declined each year. For the 2019 magazine, approximately 180 families (out of 650+) ordered the magazine. Given that it was our 150th edition, I decided it was time for us to stop and consider other ways to capture our year. The sales clearly indicated that the magazine was not meeting a need in our school community.

We have a prolific social media presence that captures the year in real-time. We are also exploring the possibility of smaller, digital magazines that capture highlights, are less expensive to produce and less impactful on the environment. We invite ideas from our community.

Term Break

Enjoy the term break and the rest from routine. We look forward to seeing you for the start of Term 2 on Tuesday 27 April.



Warm regards,

Clare Nocka
Principal

From the Deputy Principal

How to Raise a Tough Teen

Parenting is tough at the best of times, let alone in today's world of ever more complex social, environmental and political issues. Many young people feel pressure from society to conform a certain way, often fuelled by social media, which leaves them 'future-blind and disengaged.' It's vital, therefore, that our young people develop skills of adaptability, social interaction, productivity, problem-solving and self-management.

Three further character traits every child and young person needs to acquire to lead and create a positive impact on the world around them:

- Be proactive, not reactive – that is, taking responsibility for yourself and moving young people away from always blaming their teacher, their parents (you!), their circumstances, etc and quitting. Teaching young people how to problem solve, perhaps by brainstorming possible solutions to a problem and supporting them in making the changes, is one way we can do this as parents. Teaching our children how to respond wisely to challenges with language such as 'I can. I will. I must...' rather than language such as 'I can't. Do I have to? If only.'
- Develop hardiness – We do hard things! We are all called upon to do hard things, to step up and brave, whether we are children, teenagers or adults. Teaching the young people in our care that they can do hard things gives them the permission they need to go for it and fail (often a number of times!) until they get it. Enabling our children to face difficult situations or events, for example without avoiding them or rushing in and taking over, helps them develop the skills they need to face hard things as they get older.
- Have a bias towards action – we must help our children and young people to accept that in life they're not going to get whatever they want with little effort or always be picked for the team or get the jobs they apply for. Teaching our children to give things a go, fail, fall, get their heart broken and then try again, is a skill they will have for life. Teaching them to make a choice and take the necessary steps to reach their goal helps lift your child to a level beyond their initial capacity. Living this out ourselves as parents is the best example of this our children will witness.

Term 2 - Winter Uniform

A reminder that Term 2 sees students wearing the winter uniform.

Students are expected to wear either the College skirt, white shirt, and the College tie OR the dark navy long pants with the winter shirt and tie. Students have the **option** to wear navy opaque tights or long white socks, and black flat lace-up school shoes must be worn. The blazer must also be worn to and from school, at all times. The College jumper may be worn under the blazer to and from school (but it's not compulsory to do so) and as the outer garment at school. The College scarf may also be worn; however, generic black or blue scarves cannot be worn.

Navy raincoats can be worn in inclement weather. However, music/netball/Ireland/Canberra and other such jackets/tops cannot be worn to and from school or at school...they were provided for a specific trip or team, and as such, are not part of the school uniform. Jumpers and blazers are to be worn if students feel especially cold at school.



Lorna Starrs
Deputy Principal

Uniform Shop Holiday Opening

The Uniform Shop at the College will not be open during the holidays, however, the Hambours shop will be open each day except public holidays:

2 Wilson Street
Royal Park
Phone: 8447 2077

NAPLAN Term 2

As children progress through school, it is important that checks are made along the way to see how well they are learning the essential skills of reading, writing and mathematics – skills that will set them up on the path to success as adults.

NAPLAN is a point-in-time assessment that allows parents to see how their child is progressing in literacy and numeracy against the national standard. At the classroom level, NAPLAN provides additional information to support teachers' professional judgement about student progress.

This year, students in Years 3, 5, 7 and 9 will take part in NAPLAN from **Tuesday 11 May to Tuesday 18 May**. All testing will be online except for the Year 3 Writing Test that will be completed on paper. All year levels will follow the required test sequence: Writing, Reading, Conventions of Language and Numeracy. We have organised the schedule so that testing will take place in the morning, and students will only have one test per day.

It is natural for students to feel a little worried about tests. We encourage you to talk to your child about these feelings and help them put things in perspective by supporting them to understand that NAPLAN is just a snapshot of their learning at a moment in time. You can also help them in a practical way by reminding them to charge their laptop the night before the tests and ensuring that their device has the latest updates by going through a complete shut down and restart. Good sleep routines and having breakfast in the morning are all important things to build into NAPLAN preparations.

Adjustments for students with a diagnosed learning disability are available to support access to the tests. These adjustments will be made in consultation with you and our Learning Support Team. If you wish to discuss possible adjustments for your child contact Jessica Lynch (Year 3 and 5) jessica.lynch@stmarys.sa.edu.au or Suzanne Zientara suzanne.zientara@stmarys.sa.edu.au (Year 7 and 9).

In special circumstances, a parent/caregiver may withdraw their child from NAPLAN. This can be for philosophical or religious reasons. Should you wish to withdraw your child please contact me via email tracey.thursby@stmarys.sa.edu.au by **Wednesday 14 April**, so that we can complete the necessary paperwork required and make other arrangements for your child during the testing schedule. Likewise, if you know that your child will be absent during this testing window please contact me to let me know in advance.



Tracey Thursby
Director of Teaching and Learning

St John State Junior of the Year Award

Congratulations to Jaylah, Year 5/6B, who has won the title of St John State Junior of the Year.

Members of the St John State Youth Team narrowed down the nominees from all written applications. The successful nominees were chosen to attend an interview.

Jaylah attended her interview on 28 February before a panel of judges. She had to answer a series of questions and demonstrate a first aid skill. She was asked to demonstrate a St John sling by fitting it onto one of the judges who acted as her patient.

Jaylah will receive her award and trophy next term.

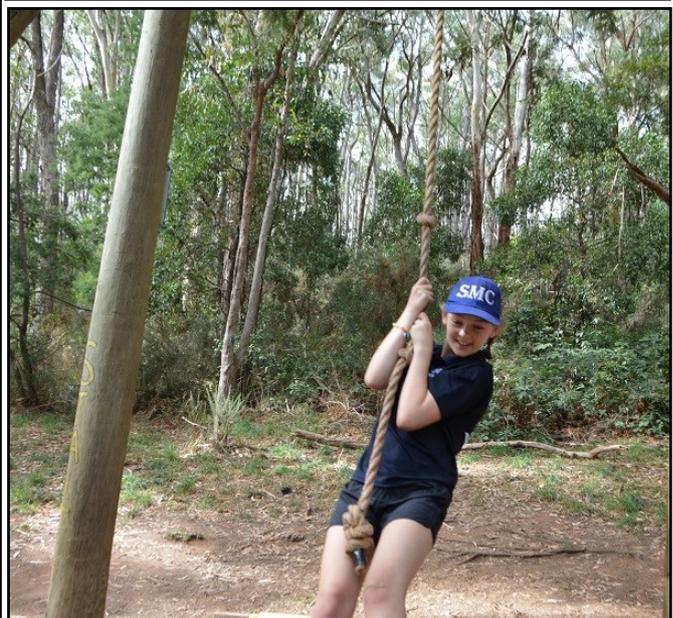


Year 7 Camp

The Year 7 cohort attended camp at Woodhouse Activity Centre, which provided a fantastic opportunity for them to develop new skills, create new friendships and even learn a few new dances. We were blessed with beautiful weather, which enabled the students to fully participate in a variety of activities which included challenge hill, the labyrinth, the tube slide, laser skirmish and orienteering, to mention a few. The Year 7s were also visited by their Big Sisters, who ran an activity where they created a dream catcher. A good time was had by all.



Andrew Footner
Director of Middle School



SRC and Justice News for Term 1

International Women's Day 2021

As student leaders, we were fortunate to receive an invitation to join other Adelaide schools from The Alliance of Girls' Schools Australasia at Wilderness School to celebrate IWD and continue our peer networking. We all watched the live stream of the Honourable Senator Penny Wong and Natasha Stott Despoja, who spoke about their experience in governance. Both talked about some of the negative treatment women face in the workplace and how far we still have to achieve equality. They also spoke about how far we've come and how lucky we are as young women in Adelaide to have the opportunities we have.

It was an inspiring morning and time to come together to celebrate International Women's Day with our fellow Adelaide Girls schools."
Vicky Severine (College Captain SRC)

#choosetochallenge

A world challenged is an alert world. Recently, our students put their hands up to show their support for gender equality and celebrate women's achievements as part of the #choosetochallenge global campaign. Collectively, we can all help create an inclusive world. From challenge comes change, so let's all choose to challenge.

Catherine House

As a part of International Women's Week celebrations, St Mary's College students support Catherine House, a Centre that provides emergency accommodation for women experiencing homelessness in Adelaide. Our Year 9 Justice Representatives made their way to the Adelaide Central Market and collected donations. By volunteering their time, students are following two of our four pillars - Service and Community. We hope that their small contribution will help women who struggle in our wider community. We also thank those people who generously donated to this cause. The students raised a total of \$191.20 for Catherine House
Jean-Marie Nguyen (Student Leadership Coordinator)

Easter Raffle

The Easter Raffle was drawn Thursday this week.

SMC Live

Students launched the 'SMC Live' radio news panel and included International Women's Day as the main topic. In partnership with James Meston from Arch D Radio & Podcasts, students have learnt the necessary skills to conduct interviews and tell engaging stories. Each Friday lunchtime, students will perform their show 'live' and record a podcast to enable more listeners.

Students felt it essential to connect with our College community, and so all topics covered on 'SMC Live' will relate to events or information within St Mary's. All podcasts are available on Spotify, Apple Podcasts and iHeart Radio and through the School Life Podcast channel. Be sure to subscribe to get this and all our future episodes as soon as they are released. Keep an ear out for the excellent work our students are producing!
Madison Finlay (Year 12)

Jean-Marie Nguyen
Student Leadership Coordinator



Swimming Carnival Champions

St Mary's wins A Grade Catholic Girls Interschool Swimming Carnival!
Back to Back Champions!

Our swimmers gathered quite a collection of trophies!

They won the U14, U15, U16 and Overall A Grade Champion trophies ahead of SAC, Loreto, Mercedes, Mary Mackillop and St Dominic's.

Congratulations to all of the athletes – you made all us so proud!



Special mention goes to Katie (9B) who broke the record in the Open 200m Div 1 Individual Medley and Sophie (9G) broke the record in the U15 50m Div 3 Freestyle.

Rosie Petrilli
Director of Sport



Career Chat

UCAT ANZ 2021

Important Dates:

Candidates taking the UCAT ANZ in 2021 for entry to universities in Australia and New Zealand in 2022 should note these key dates (deadline times are in AEST - Australian Eastern Standard Time):

BOOKING OPENS	1 March 2021
BOOKING DEADLINE	17 May 2021
Late booking deadline	31 May 2021
Cancellation deadline	7 June 2021
Testing begins	1 July 2021
Last testing date	11 August 2021
Results delivered to universities	by early September 2021

Visit <https://www.ucat.edu.au/ucat-anz/ucat-anz-2021/> for more details. You should always check the entry requirements for each course or program using the websites of the universities to which you intend to apply before booking a test.



Suzanne Megaw
R-12 Careers Education and VET Coordinator

School TV - Cyberbullying



With the advent of the internet, smart phones and tablets, there is now a whole new digital dimension added to traditional schoolyard bullying. There was once a time when bullying victims were given some respite outside of school hours, but sadly these days, online bullying can occur 24/7. In today's world, teaching your child about online and cyber safety, is as important as learning to swim or cross the road!

Cyberbullying can be identified as being the repeated behaviour by an aggressor with the intent to harm or embarrass. Technology enables these aggressors to share information widely and quickly, making this form of bullying extremely dangerous and harmful. However, the answer is not to shun the internet nor social media. Instead, parents are encouraged to embrace it and instil a family internet policy to protect their children without limiting the freedom to learn, explore and communicate online.

In this edition of SchoolTV, parents are provided with useful guidelines and advice on how to minimise the risks. Children have the right to feel safe, regardless of whether it is in the schoolyard or online. We hope you take time to reflect on the information offered in this edition of SchoolTV and we always welcome your feedback. If you have any concerns about your child, please contact the school counsellor for further information or seek medical or professional help.

Here is the link to the **Cyberbullying** edition of SchoolTV
<https://stmaryscollege.catholic.schooltv.me/newsletter/cyber-bullying>

Interested in a chiropractic career?



If you have a passion for helping others, enjoy a challenge and want a career that is stimulating and rewarding, then chiropractic could be for you.

At ACC we are proud to be the **first and only** SA provider of a TEQSA registered Bachelor of Chiropractic degree.

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acc.sa.edu.au



Did you know you can follow St Mary's College via Facebook, Instagram and now YouTube!

<https://bit.ly/STMCFB>

<https://bit.ly/STMCInstagram>

<https://bit.ly/STMCYouTube>

A great way to catch up with what is happening in our College community.

Arts at St Mary's

Dance

In the next roll-out phase of Dance at St Mary's, four extracurricular classes have now begun.

Year 7s meet in the Dance Studio at lunchtimes on Thursdays, Year 8 and 9 students after school on Thursdays and Fridays and Senior School students before school on Tuesday mornings. It has been inspiring to have the new dance studio in use and we welcome participation from so many students. Ms Davis is being danced off her feet, coordinating and implementing programs designed to meet St Mary's Dance students' interests, needs, and talents. Currently, all classes are at capacity, but any families of students who have missed registration and would like to join the waitlist should contact Ms Davis: rdavis@stmaryscollege.catholic.edu.au.

Music

Junior String Orchestra

Junior Strings is an ensemble created for string students from Reception to Year 7 who get together every Thursday before school under the direction of old scholar Ms Nicola MacLucas to rehearse and develop string ensemble skills and repertoire. Senior Strings cellist Caitlin (Year 10) also comes along to Junior Strings to play and help support our younger students, such as Hanna, our youngest student from Reception! Junior Strings will be one of the ensembles to feature in our Junior Arts morning later in Term 2.

Drama

As we continue to expand the Drama department's capacity to incorporate media and film components into our curriculum, the addition of 10 cameras and accompanying film making equipment is an exciting step forward. Middle School classes will participate in film making units and workshops this Semester and Senior School students have access to the equipment to create their original work throughout the year.

We look forward to seeing our Drama students' creative potential as we provide them with the opportunity to add media and film making to their skill sets!

Sounds of City Schools

On Friday 4 March, our Music students, old scholars and staff of St Mary's College joined with music students and staff from St Aloysius (SAC) and Christian Brothers College (CBC) to provide musical entertainment at our "Sounds of City Schools" gig on the Veritas lawns. This event was the first major live concert in over a year for all three Colleges. The initial atmosphere of excited anticipation quickly turned into an energetic and fun-filled night of shared musical performances by rock bands, jazz ensembles and choirs from all schools. St Mary's also featured our Stage Band One, and the night finished with a combined choral and band item involving 75 students from across all three Colleges. Thank you to all who were involved in this night, particularly the music students and staff from all three Colleges, who provided a fantastic night of music after only six weeks of term!

In a great example of student agency, Gabriella, a Year 12 Drama student, MC'd the event. She did a fabulous job of leading the night, and the College is grateful to her for sharing her talents with not only the St Mary's College community but with those in attendance from SAC and CBC. Her energy, wit and enthusiasm were a brilliant addition to what was a hugely successful night.

Several of our Drama students also shot footage and stills images during the event with our recently purchased cameras. A selection of Middle School dancers dressed as 'funky fairies' roamed the crowd selling raffle tickets, interacting with our audience and encouraging everyone to have fun by adding some sparkle and magic to the night. We look forward to many more opportunities to include our dancers in the community life of the College.

Not to be forgotten, the Art Department provided a collection of unique digital artworks projected onto the Veritas building, adding to the event's multidisciplinary nature, a truly collaborative undertaking for the St Mary's College Arts community.

Mandy Hancock

Learning Area Leader—The Arts





JUNIOR SCHOOL - LA FESTA ITALIANA



On Friday 19 March, the Junior School participated in a fun-filled and active Festa Italiana. Italian-inspired dress-ups were created and worn to school.

Various class activities were held:

- Year 3 investigated Ancient Rome through the world of mosaics.
- Year 4 created a segmented Mona Lisa using warm and cool colours.
- Year 5 investigated, made and tested two of Leonardo Da Vinci's scientific inventions - the pyramid parachute and hang glider.
- Year 6 created Italia – cultural icon posters.

A delicious pasta lunch served with *napoletana* sauce was enjoyed by all JS students R-6. After lunch we enjoyed the play *Ristorante Mangia Banane* (Eat Bananas Restaurant) performed by two extraordinarily energetic Melbourne performers – James and Mario - from La Commedia Variety Productions. The play was interwoven with so much laughter and mayhem that "our sides hurt". Italian words and phrases were sprinkled throughout the performance and we were treated to action-packed songs, sing-a-longs and opportunities for students to 'make' pasta and 'learn' how to be a waitress.



It was the perfect way to finish off a very enjoyable Italian inspired afternoon.

Maestra Anne
Junior School Italian Teacher



Year 9 Science

Adrian and Amy from Animals Anonymous amazed our Year 9 Science classes with an array of Australian animals. The students were able to interact with animals including a python, frogmouth, goanna, crocodile, gecko, squirrel glider and a bettong. The focus of the visit was Endangered Animals. The students then worked on a campaign to create awareness of an endangered species of their choice as part of their Ecosystems unit.



Julia Green
Science Learning Area Leader



Volleyball Champions

Congratulations to the Year 8/9 Volleyball Division 2 team who won the Southern Zone final on Tuesday 6 April. During the term the team remained undefeated having lost only one set all season. All players developed excellent individual and teamwork skills. Their commitment to training/games and their enthusiasm on court are to be commended.



We especially thank our two umpires, Emily and Chloe.



Kathy Lawrence and Lucina Loro Parham
Volleyball coaches

Interested in a St Mary's education?

Let your daughter come and try St Mary's. Join us for a day, with friendly staff and buddies, special activities and lessons. We'd love to welcome her to our school.

Term 2 **Monday 3 May**

9.30am-2.30pm

Register at stmarys.sa.edu.au

Limited to students who have not yet accepted a place at St Mary's College

St Mary's College, 253 Franklin St, Adelaide
Contact the Registrar on **8216 5704**
or enrolments@stmarys.sa.edu.au



ST MARY'S COLLEGE

WIN \$100 Central Market Voucher and Name A Space in the City

There is a new space for young people in the south west triangle of Victoria Square / Tartanyangga.

It comes with a phone charging station, a new public artwork, and plenty of grass and shade.

You are invited to help name the area and the winner will get a \$100 Central Market Voucher and naming rights to a new space in the city.

Enter Now: cityofadelaide.com.au/competition



COME & TRY DAY

**FRIDAY
30 APRIL**

Discover what CBC has to offer at our free Come & Try Day. A fun-filled educational experience for boys currently in Year 5, 6 and 7

CBC Senior Campus
214 Wakefield Street, Adelaide

Bookings and information:
www.cbc.sa.edu.au/come-try



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WORLD
BEFORE
US.**